

The Dryblower

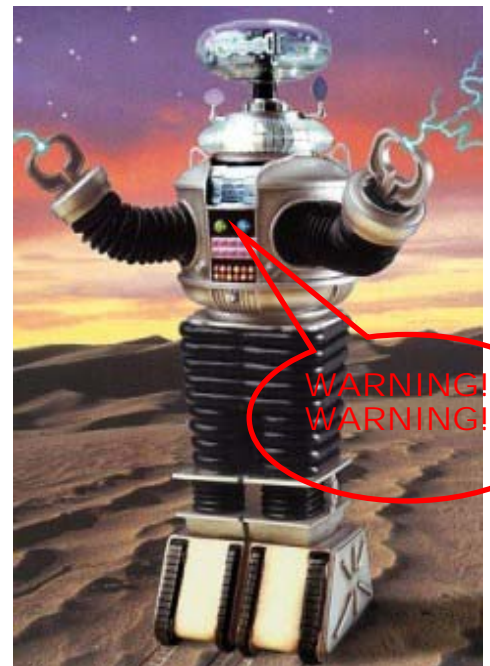


Banded Lap Wing on the Cue Dalgaringa Rd

September 2017
Issue 47

THIS PUBLICATION MAY, COULD,
MIGHT, HAS OR WILL OFFEND SOME
PEOPLE.

Take life's choices seriously.
Err on the side of caution and smile.
Take a risk and laugh your head off.



Keeping you informed of what is happening in the Cue Community

If you are unable to collect your copy of



The Dryblower is a non-profit Community newspaper edited, printed, produced and distributed by the Cue CRC

Contact

CRC Robinson Street, Cue
Phone: (08) 9963 1198
Fax: (08) 9963 1197
Email: cue@crc.net.au

Contributions, articles and advertisements must be dropped in, posted, faxed or emailed to Cue CRC by the last week of the month for publication on the 7th of the following month.

Advertising Rates

<u>Size</u>	<u>B/W</u>	<u>Colour</u>
Full page	\$30.00	\$60.00
Half page	\$15.00	\$30.00
Quarter page	\$10.00	\$20.00
Eighth page	\$5.00	\$10.00

All Advertising rates are incl. of GST

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Simply complete the form below and send it with your remittance to:-

Editor
"The Dryblower"
Cue CRC

Name.....

Postal Address.....

.....

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Subscription:.....

Subscriptions are for a 12 month period

Distribution Outlets for the Dryblower

This publication is not produced by the Cue Shire and therefore any complaints / articles should be directed to the Editor or the Cue CRC

Bell & co, Cue Shire, Cue CRC
Queen of the Murchison B&B
Murchison Club Hotel
Cue Caravan Park

All editions of the Dryblower are available electronically from either cue.crc.net.au or cue.wa.gov.au



Editors Report



Hello good people of Cue.

Isn't it great that spring has finally arrived? The sight of birds gathering materials for their nests usually means the cold weather is all but gone, here's hoping, because I've just about had enough of it for this year and looking forward to things warming up a bit. I'm sure I wouldn't be the only one. I'm still hoping for a bit more rain though.

Towards the end of last month the CRC held its family fun day with this time (unlike last year) the weather being most favourable. Although it found itself competing with other events in the region I believe those involved would concur that it was a great success. It is always a good sight to see children running around laughing and enjoying themselves. DJ Rev did a great job once again making sure everyone was getting involved and letting everyone know what was going on about the place. As a new inclusion was a chocolate wheel raffle which proved to be very popular. I believe this was due to the very generous donation of some beautiful jewellery by Mrs Lori McMeeken for the prizes. A special thanks to you Lori, everybody that looked at the prize pool couldn't help but want to win something. Of course a big thanks to all the volunteers who played their part to make sure everything ran smoothly and the children didn't have to go hungry. It was a shame that someone saw fit to complain about the noise within 5 minutes of the start of proceedings. The event finished with a lovely meal provided by Joyce & Daryl from the Queen, (which gave everyone a taste of what to expect from their new café) and dancing, once again provided by DJ Rev. Great day.

Another recent event was the red carpet premiere of the film "The Paralysis of Choice" which involved the children from our very own primary school. What a little beauty this was. Amazing how much talent we have in such a small community, and a great example of how to get the younger community interested and involved in a worthwhile project. The laughter in the audience ensured this was very much a success. Well done. Just on the audience, it was terrific to see local member Vince Catania and Mt Magnets CEO and council representation go to the effort of being in attendance. Thank you very much.

Well here's hoping everybody has an enjoyable start to spring and that the new weeds don't get too much of a hold on your garden. I know this is always that time of year. It's also that time when a lot of people undertake the age old custom of "spring cleaning".

May I suggest that if possible you leave all the cobwebs around your eaves and outdoor areas until the last, this will ensure that all our lovely birds can experience a little type of Christmas of their own.

Have a great September

Jeff

The content of this editorial does in no way reflect the views or opinions of the Shire of Cue, its councillors or any of its staff. Responsibility for the information and views expressed in this editorial lies entirely with the author.

FROM THE DESK OF THE CEO

Rob Madson is currently on leave and enjoying some time in Tasmania with his family. Rob is expected to be back in the office from Tuesday 12 September 2017.

Prior to attending the recent Local Government Convention, Shire President Ross Pigdon, Deputy President Les Price and Rob Mason met with the Minister for Local Government; Heritage; Culture and the Arts for an informal discussion on issues related to Cue and Local Government in general. During the State and Local Government Forum, they met with the Director General of the Department of Primary Industries and Regional Development to press the issue of the funding of the remaining section of the MRVC vermin fence. They also met with the CEO of the Water Corporation to discuss the fate of the project to improve water quality in the region since the election of the McGowan Labor government. Assurance was given that the \$9M originally allocated to the project is secure, however rather than funding improvements in Cue, Mount Magnet, Meekatharra and Sandstone, the total funds would be required to construct a water treatment plant for Cue.

In the weeks leading up to the Local Government Convention, entries in the "Banners in the Terrace" competition are flown in St Georges Terrace representing local communities from throughout WA. This year a Cue entry, organised by Yulella Aboriginal Corporation and prepared by local artist Angela Pickering, was selected for inclusion in the Terrace display.



Local government elections will be held throughout the state on Saturday 21 October 2017. The Shire of Cue will be filling three vacancies (Crs Pixie Pigdon, Fred Spindler and Ian Dennis). The election will be by postal vote conducted by the WA Electoral Commission, who have appointed Ruth Lee as the Returning Officer. Nominations open on 7 September and close on 14 September.

The redevelopment of the Old Post Office building into the new Community and Visitor Centre is progressing well, with construction on target for completion in October. Negotiations are now underway with relevant government representatives for an official opening early in November.

Other heritage projects currently underway include renovations to four of the historical cottages at the Tourist Park, making all six cottages available for short term accommodation. The Shire administration building is also being painted inside and out. We apologise for any inconvenience to users of these facilities during this time.

Rates notices have been issued with the due date of 11 October 2017. All rates that are paid in full including arrears by the due date will go into the draw for the rates incentive prizes. Information on the draw is included with the rates notices.

The Cue Fun Day was held on Saturday 26 August 2017 at and around the Town Hall. It was a great turnout for the day with around 150 people taking part in the activities. A big thank you to all of the organisers and volunteers on the day. The dinner dance held on Saturday night was also well attended with over 60 people attending for a delicious meal provided by The Queen of the Murchison and plenty of great music to dance to from DJ Rev CB.

Vince Catania Member for North West Central was in town on Wednesday 30 August for the premier screening of "The Paralysis of Choice". A short film created by and starring the students of Cue Primary School. It was a very entertaining afternoon with lots of laughter from the students.

If you have any queries regarding these or any other Shire-related matters, please don't hesitate to give me a call on 9963 8600 or drop into the Shire office.

Richard Towell
Acting Chief Executive Officer, Shire of Cue

Next Council meeting - 6:30pm Tuesday 19 September 2017



LOCAL GOVERNMENT ORDINARY ELECTION CALL FOR NOMINATIONS Shire of Cue

An Ordinary Postal Election will be held on Saturday, 21 October 2017 in the Shire of Cue to fill the following vacancies:

District

3 Councillors

4 year term

Nominations Open on Thursday, 7 September 2017

Nominations Close at 4:00pm Thursday, 14 September 2017

Nominations must be lodged with the Returning Officer:

- at any time during the above period by arrangement; or
- between 2:00pm and 4:00pm Thursday, 14 September 2017 (close of nominations) at the Shire of Cue, Lot/2 Austin Street, CUE.

Nominations Requirements

Candidates are required to lodge with the Returning Officer:

- a completed nomination in the prescribed form, signed and witnessed. (This form is available from the Returning Officer, the Western Australian Electoral Commission or the Shire of Cue);
- a single A4 page profile containing not more than 150 words of information about the candidate;
- a nomination deposit of \$80 (cash, bank cheque or postal order); and
- a recent passport-sized photograph (optional).

The Commission has developed an online system called Nomination Builder to assist candidates to complete their nomination form which includes the candidate profile. This is the preferred method of completing the nomination form and profile for elections conducted by the Commission. Candidates complete their nomination details and profile, print the completed form which has a reference number allocated and lodge it with the Returning Officer. The nomination builder can be accessed at elections.wa.gov.au

Where an agent lodges a nomination on a candidate's behalf, it must be in the prescribed form with a written authorisation signed by the candidate.

The documents may be hand delivered, posted or faxed to the Returning Officer and must be received by the close of nominations.

Information

Full details about eligibility and nomination procedures for prospective candidates can be obtained by contacting the Returning Officer on 9963 1198 or 0458 594 084 or the Western Australian Electoral Commission on 13 63 06.

Ruth LEE
RETURNING OFFICER



WESTERN AUSTRALIAN
Electoral Commission

Bishop Michael Morrissey conducted his first Mass in Cue on the 20th August, followed by breakfast cooked by Catherine Willett and Pixie Pigdon which was enjoyed by Sister Gerri, locals and tourists.

Bishop Michael Morrissey is the ninth Bishop of Geraldton in Western Australia and is the first Bishop of Geraldton who was born, raised, ordained and ministered in the Diocese.

Born in Yalgoo on 9 September 1952, Bishop-Elect Morrissey was educated at Aquinas College, Perth. He continued his studies at St Charles Seminary in Perth and at St Francis Xavier Seminary, Adelaide. He was ordained a priest on 31 January 1981 in St Francis Xavier Cathedral, Geraldton.

After Mass we all visited the Bishops House, Bishop Michael was very impressed with the refurbishment the Cue Shire had completed so far.

Angela Pickering has done excellent work on the stained glass windows.



Bishop's House



Bishop Michael Morrissey



Bishop Michael Morrissey and Sister Gerri



Bishop Michael, Sister Gerri locals and tourist



Bishop Michael, Catherine Willett and JC

Queen of the Murchison update!

Cue residents have been most patient waiting for the opening of the Café at the Queen of the Murchison Guest House. Works were almost completed and the drinks fridge almost in town and installed when a visit from architect Suzanne Hunt dramatically changed the focus of the serving area.

Suzanne felt that our plans should offer an opportunity for the public to see our business operation and also spill it out on to the street to show that something else was being offered in town. So ... we have pulled down a dry wall, relocated the coffee machine, grinder, cake display case, soft drinks fridge, till and soft-serve ice-cream machine. This has meant further electrical and plumbing works.

We will place our tables and chairs in an area now used as a guest lounge and open the doors of this former front bar. With the blessing of the Shire CEO, we also intend to place a few tables and chairs on the footpath for your convenience.

Yes, it means that there will be yet another delay, but we would rather go with this great idea and have more areas painted and ready for presentation as a going concern than be locked in the innards of the building.

We hope you will understand and be patient for a little longer, but when we DO finally open, our simple menu is bound to please. Our coffee will not only smell delicious, it will taste great and be a wonderful accompaniment to a slice of delicious cake – some of which will be home-made! We will cater for those who prefer soy milk, almond milk and try and sort out a decent gluten free bread and burger roll.

As a reward for your patience, Cue residents (even those on short-term residency!) should present a copy of this “Dryblower” for a free cup of coffee in the month of October only. Opening hours will be 9-4 daily.

Joyce & Darryl Penny

CUE CRC AGM

26TH SEPTEMBER

**MURCHISON CLUB
HOTEL**

4.30PM

Cue Rifle Range Fathers Day Shoot Results

	1 st Detail	2 nd Detail	Total
Kent Lucy (mm)	38.1	41.1	79.2
Jeff Gregory (mm)	32	38.2	70.2
Michelle Ryan (mm)	33.1	29	62.1
Ross Pigdon (c)	19.1	27.1	46.2
Karl Ibbotson (mm)	16	25.1	41.1
Chris Richards (mm)	4	27.1	31.1
Lyndsay Symons (mm)	12	16	28



CURIOSITY SHOPPE

Open: 10am - 1pm and 2pm - 4pm

Monday to Friday

Saturday 9.30am - 12noon

Come in have a look around, have a chat and a cup of coffee.



Ruth Manning
Morrie Seivwright
Neil Lawton

02.09
07.09
09.09

St Patrick's Catholic Church



Liturgies September and October

NB change of times

Sun 03 Sep	Celebration of the Word with Communion	10.00 am
Sun 24 Sep	Celebration of the Eucharist (Mass)	08.00 am
Sun 15 Oct	Celebration of the Eucharist (Mass)	08.00 am
Sun 29 Oct	Celebration of the Word with Communion	10.00 am

All Welcome

St Patrick's is located on the corner of Marshall and Dowley Streets.

St Patrick's is under the pastoral care of the Sisters of the Good Samaritan of the Order of St Benedict.

Sr Gerri Boylan sgs 9963 4179

Subsidised tickets information

Subject to funding approval from LotteryWest, subsidised tickets will be available to delegates from non-profits and community organisations. They will be allocated to delegates who meet the criteria below and by date of receipt of application.

These include:

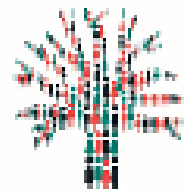
- 12 CRE Summit tickets (value \$250) for delegates within 100kms of Geraldton
- 10 CRE Summit tickets (value \$250) and \$200 travel and accommodation allowance for delegates between 100kms to 500km from Geraldton
- 7 CRE Summit tickets (value \$250) and \$400 travel and accommodation allowance for delegates over 500kms away from Geraldton

Eligibility for delegates include:

- Represent a WA based non-profit or community organisation with an articulated interest in primary prevention of family violence.
- Require evidence of link to primary prevention of family violence within work role (volunteer or employee who is interested in implementing primary prevention programs).
- Maximum of 2 subsidies per organisation.

The organisation will be required to:

- Provide a letter from CEO, Chairperson or Manager outlining organisational interest and representation.
- Invoice for ticket and travel subsidy following attendance of the CRE Summit
- Provide receipts for incurred costs (mileage calculated at .78c per km)
- Send all applications to:-
cresummit@communityrespectandequality.com.au



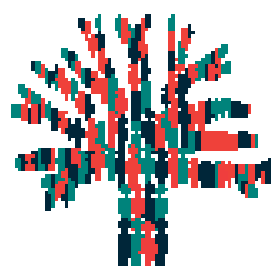
BUILDING A UNIFIED & EQUITABLE COMMUNITY
#respectrules & #ViolenceIsNEVERok

Community, Respect & Equality

Primary Prevention of
Family Violence Summit
and associated activities

27th to 29th September 2017
GERALDTON WA

Family violence is a significant social issue in our community.
It is preventable. With collaborative community action we can
make a difference.



#RespectRules **#ViolenceIsNEVEROk**

TURN OVER 

Cue Funday 2017

The Funday was a great success with the sun shining and lots of kids who had a great time. We had the Zorb balls with the track, gladiator duel, surf board riding laser combat and the camel rides. As well as all the rides we had great food and refreshment. Some Mount Magnet families also enjoyed a day trip up to Cue and enjoy all our facilities for the day. We had the spinning wheel going for fundraising and DJ Rev doing the comparing throughout the day.

We followed the day activities with an evening of dance and laughter, we had a great turnout and everyone danced the night away.

I would like to thank the volunteers who helped make this event happen because without your invaluable help this event would not be able to happen. It makes a very long day especially with so limited volunteers to organise such a large event. I hope that next year more people decide to help with some of the organisation as well as the day. If anyone is interested then they can contact the CRC for whoever will be the manager next year.













MURDOCH UNIVERSITY

STERILISATION PROGRAM

Veterinary students from Murdoch University under the guidance of Senior Veterinarian Nicole Laing will be travelling to Cue to perform pet checks, sterilisations and vaccinations. Micro chipping will also be available.

DATE: Monday 30 October 2017
Tuesday 31 October 2017

TIME: Monday from 7:30am – 6:00pm
Tuesday from 7:30am – 6:00pm

VENUE: Cue Town Hall



FREE

Sterilisation, microchipping and pet checks

Vaccinations \$35 (available at owners expense)

Murdoch students will carry out sterilisation and pet checks for **cats and dogs free of charge** to residents of Cue. Registrations are to be paid for by the owner prior to surgery or on the day and a registration tag will be issued.

Please contact the Shire by 30 October 2017 or on the day to register your interest in having your pet sterilised and micro chipped.

There are limited sterilisation opportunities available.

For further information please call the Shire office on 99638600



NOTE:

From November 1 2013, ALL cats **must** be sterilised, micro chipped and registered.

ALL dogs must be micro chipped and registered by 1 November 2015.



Food Sensations® delivered via video conference

Come along to your local Community Resource Centre for a hands-on nutrition and cooking experience. Over 4 sessions, you will learn a variety of nutrition topics and cook some tasty, easy recipes

HEALTHY EATING

MEAL PLANNING AND BUDGETING

**4
CORE
TOPICS**

LABEL READING AND FOOD SELECTION

FOOD SAFETY, PREPARATION & COOKING

SESSIONS:

All sessions held at:
Cue CRC
33 Robinson
Street Cue
Please book on
08 9963 1198

Time: 11:00-13:00

Dates:

Session 1 - Wed, 4th October
Session 2 - Wed, 11th October
Session 3 - Wed, 18th October
Session 4 - Wed, 25th October



Food Sensations
for Adults
is funded by the
Department of Health

To find out more information about *Food Sensations* contact your local CRC on 9963 1198

Community, Respect & Equality Summit proper

28th September 2017, 9:00am – 5:30pm
Queen Elizabeth 2 Centre, Geraldton

The Summit will showcase experts in the field of primary prevention of family violence.

Educating and informing delegates on the drivers of family violence and prevention activities that can be undertaken in the community.



Summit

Tickets available through **Eventbrite**
www.goo.gl/ypDTAL

Key Summit Speakers:

- Jacqui Watt, Chief Executive Officer, No To Violence and Men's Referral Service
- Victoria Cooke, Manager, Justice and Family Services, Ruah Community Services and Consultant, Pandora Enterprise Projects
- Luke Ablett, Former AFL Player and Ambassador for The Line
- Dorinda Cox, Managing Director, Inspire Change Consulting Group

Associated Activities

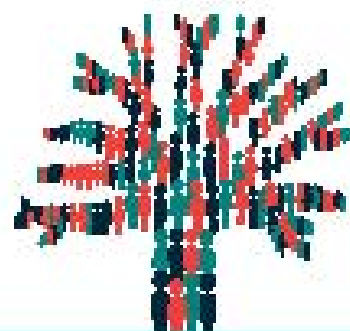
Community Engagement Day with Luke Ablett

27th September 2017, All day.
Various locations in Geraldton

Women Inspiring Better Business Breakfast

29th September 2017, 7:00am – 9:00am
Geraldton Multipurpose Centre,
254 Marine Terrace, Geraldton

Key speaker: Victoria Cooke



Specialist Family Violence Training Workshop

29th September 2017, 9.30am – 4.30pm
Geraldton Multipurpose Centre,
254 Marine Terrace, Geraldton

Facilitator: Victoria Cooke

Advanced family violence training which includes:

- Screening, risk assessment and risk management
- Response based practice
- Men's behaviour change programs
- Women's groups and interventions with women in counselling



Workshop

Tickets available through **Eventbrite**
www.goo.gl/pe9uuw

crsummit@communityrespectandequality.com.au

www.communityrespectandequality.com.au

Meekatharra Races



SAT 23RD SEPT
2017

\$10 ENTRY
WITH RACE BOOK

Seven races incl.
the Meekatharra Cup &
Meekatharra Sprint

Fashion on the Field
Truck Pull
Live Music: Renegade

Gates open 11:45am
Bar open 12pm (cash only)
Food vans available onsite
Shuttle bus times TBC



SANDFIRE RESOURCES NL



THUNDELARRA



DORAY

MEMBER OF DORAY



We are a Good Sports club



GOODSPORTS

MEEKA TRUCK PULL



Open Division
Women's Division
Theme Team

**MEEKA RACES
SATURDAY 23 SEPTEMBER**

**ENTER ON THE DAY
PRIZE POOL OF \$3000**

Team of 6. 18+ ages only. No entry fee.



Proudly Sponsored by the



shire of
meekatharra
a golden prospect

*Costumes and
themes are
encouraged.*

Meekatharra Race Club

Fashions on the Field

SUPER SATURDAY

23rd September 2017



CASH PRIZES

FREE ENTRY

Everyone Welcome

CATEGORIES:

Gorgeous Gal

Dapper Chap

Accessory Of The Day

Classic Look

REGISTER ON THE DAY



THUNDELARRA





Department of
Transport

CUE

Remote Licensing Services will be visiting



When: Monday 11 September 2017 1:00pm - 3:00pm

Where: CUE COMMUNITY RESOURCE CENTRE

We will be able to help you with the following services:

- theory test
- photo card applications
- driver's licence applications
- change of address
- registration and driver's licence renewals
- vehicle transfers
- return of vehicle plates
- driving assessments

To enable us to help you, please ensure you bring your birth certificate, Medicare Card, bank card and proof of residency, along with either cash or card for payment.

For enquiries please call: Karen 9956 0116

Sometimes quicker is better with DoTDirect

Whether you're renewing your licence, transferring vehicle ownership or checking your demerit points,

DoTDirect is quick and easy to use wherever you are.

Start saving time by visiting www.transport.wa.gov.au/dotdirect

Blue sky over

Blue sky over
Crows calling
Warming up
Today
Blue skies over
Cue
Thoughts are rambling
Tourists around
Life gets busy sometimes
Then
Goes quiet again
Back into
The loneliness of
A single one
Back were clouds are not blue
Depression starts again
Yet
Sadness only lasts a little while
As you fight the pain
A friend arrives
It's gone again
Skies are blue again



Margaret Pauline Davies

Nothing is
impossible
the word itself says
"I'm Possible"!

))



Answer: "I would not live forever, because we should not live forever, because if we were supposed to live forever, then we would live forever, but we cannot live forever, which is why I would not live forever,"

~~~~~

[illegible][illegible][illegible][illegible]

28





**I love California. I practically grew up in Phoenix ." -- Dan Quayle**



 **"We've got to pause and ask ourselves: How much clean air do we need?" --Lee Iacocca**

A portrait of a man with short, light-colored hair, smiling. He is wearing a dark suit jacket, a white shirt, and a patterned tie. He is holding a brown football with both hands in front of him. The background is a solid, light blue color.

**"The word 'genius' isn't applicable in football. A genius is a guy like Norman Einstein."**

**--Joe Theisman, NFL football quarterback & sports analyst. (S/B Albert Einstein)**



**"We don't necessarily discriminate. We simply exclude certain types of people."  
-- Colonel Gerald Wellman, ROTC Instructor.**

The logo of the United Nations Environment Programme (UNEP) is located in the top right corner. It features a stylized globe with green continents and blue oceans, surrounded by a circular border with various symbols representing different environmental elements.


**"Your food stamps will be stopped effective March 1992 because we received notice that you passed away. May God bless you. You may reapply if there is a change in your circumstances."**

**--Department of Social Services, Greenville , South Carolina**

~~~~~  
"Traditionally, most of Australia 's imports come from overseas."

--Keppel Enderbery



 If somebody has a bad heart, they can plug this jack in at night as they go to bed and it will monitor their heart throughout the night. And the next morning, when they wake up dead, there'll be a record." -- Mark S. Fowler, FCC Chairman



ISSUE 22 WINTER 2017

Rural in Reach Program

In this issue

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GOLDFIELDS WOMEN'S HEALTH CARE CENTRE

15 Dugan Street
Kalgoorlie WA 8430
T: 08 9021 8266
E: coordinator@gwhcc.org.au
W: www.gwhcc.org.au

HEDLAND WELL WOMEN'S CENTRE

3A Leake St
South Hedland WA 6722
T: 08 9140 1124
W: www.wellwomens.com.au

NINTIRRI CENTRE

Central Rd
Tom Price WA 6751
T: 08 9188 0500
E: reception@nintirri.org.au

SOUTH WEST WOMENS HEALTH & INFORMATION CENTRE

19 Fielder St
Bunbury WA 6230
T: 08 9791 3350 | 1800 673 350
E: swwhic@swwhic.com.au
W: www.swwhic.com.au

WOMENS HEALTH & FAMILY SERVICES

227 Newcastle Street
Northbridge WA 6003
T: 08 6330 5400
E: ruralinreach@whfs.org.au
W: www.ruralinreach.whfs.org.au

Rural in Reach Services Update

Since 2012, the Womens Health and Family Services (WHFS) Rural in Reach program has been committed to working with communities to value-add to resources on the ground and provide a bridge to health and well-being services. These services have included counselling and community training and workshops on various health and well-being topics via video conference, phone and Westlink broadcasts. During this time, we developed strong relationships with Community Resource Centres and other regional service providers that were a vital link to creating a relevant and needs-based service.

Over the last two years there has been a vast reduction in service provision from Rural in Reach due to limited funding. While continuing to support regional WA in what capacity we could, we were working hard to find financial partners to aid in service sustainability. From October 2016-June 2017, we collaborated with 360 Health and Community to provide remote counselling to Mid-West and Goldfields/Esperance communities. Although unable to offer the same services State-wide during this time, Rural in Reach did provide over 100 counselling sessions responding to general mental health concerns and situational stressors such as relationship challenges, moving house and parenting through to depression, anxiety, grief and loss, suicidal ideation and traumatic experiences. Overall

feedback from clients was that they felt more resources to cope with life's challenges after support and either required no more ongoing support or were linked in with local services.

Moving forward, as of July 2017, WHFS and Rural in Reach will recommence offering a State-wide health and well-being service to regional WA. By this smiley face you can see how pleased we are to share this with you!



Rural in Reach will continue to provide free health and well-being counselling by video conference, phone and even email. With many areas that we can support such as parenting, grief and loss, trauma alcohol and other drug misuse as well as general mental and physical health.

As we are just getting back 'on our feet', we won't be offering any 'Community Talks' just yet but we will be able to offer remote training in mental health responses for non-health professionals with the *Community Mental Health 1st Responses Training Package* and professional training in *Trauma Informed Practice*. Plus Supervision and Debriefing services.

For more information, please contact the Rural in Reach on 1800 998 399 or email on ruralinreach@whfs.org.au



Rural in Reach Training & Support Services Calendar, 2017



womens health
& family services

Training Events and Packages

Cost/ Access

Training can be offered individually or at a discounted group rate. Please contact to discuss further

Community Mental Health 1st Response (CMH1R) Training Package

- Designed for non-health professionals to incorporate mental health information and suggested strategies for responding when people present with mental health challenges or illnesses.
- Developed through regional community consultation and trialling. The content is trauma informed and recovery focused using the latest information and research.
- Includes 5 interactive modules: 1. Basic Mental Health and 1st Responses, 2. Common Mental Health Illnesses and 1st Responses, 3. Communication, Boundaries, Debriefing and 1st Responses, 4. Trauma, Crisis and 1st Responses, and 5. Self-Care and 1st Responses.
- Includes a Reflection Session covering exploring experiences to apply CMH1R skills and Certificate of Completion.
- Completion time varies from 2 weeks self-paced and 1 day with prior material review.

Introductory cost: \$100 per person or discounted group rate.

Access: Online self-paced with one video conference or phone session or 1 day group format at your Service with three video conferencing consult sessions.

Trauma Informed Practice (TIP) Training Package

- The TIP training package is designed for rural and remote professionals working in a support, advocacy or counselling role with people who have experienced trauma and are using alcohol and other drugs.
- The training includes a practitioners manual and combines remote learning modules, alongside interactive reflective video conferencing sessions with a highly qualified facilitator.
- Completion time 6 weekly 60 minute sessions with prior material review.

Cost: \$240 per person. Discounts offered for WHFS members or large group rates.

Access: Via video conference.

Rural in Reach Support Services

Cost/ Access

Rural in Reach offers the following private and confidential remote support services:

- Counselling responding to general mental and physical health concerns and situational stressors such as relationship challenges, dietary and exercise queries, moving house, parenting, depression, anxiety, family/domestic violence, grief and loss, suicidal ideation and traumatic experiences.
- Professional supervision and debriefing focussing on client support discussions, organisational change and/or exploring strategies to respond to life/work balance.

Counselling Cost: Free.

Counselling Access: Via video conference, phone or email.

Supervision Cost: \$120 per individual or group.

Supervision Access: Via video conference or phone.

For queries regarding the Rural in Reach Training and Support Calendar please email ruralinreach@whfs.org.au or call on 1800 998 399



CUE HEALTH CENTRE

Victoria Street
Cue WA 6640
Tel: 9963 0100



Murchison Dental

September		For appointments PH: 0427386647
R.F.D.S GP Clinic	5th & 19th	Mt Magnet 12th - 21 Sept
Grams	13th	
Physiotherapist	11th	
Occupational Therapy	Please enquire	For appointment 0427386647
Psychologist	every 2nd week - please enquire 9963 0100	

**AMBULANCE
POLICE
FIRE BRIGADE**

PHONE: **000**

FOR AFTER HOURS NURSE
PHONE: 99630100

DO NOT
VISIT THE **NURSE** or **POLICE** AT HOME
REMEMBER RING: 99630100

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9963 4195**

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with Meat to please you.*

**Mon—Friday
9—5 pm**

**Saturday
9—12 pm**

Judge: "Why did you steal the car?"

Man: "I had to get to work."

Judge: "Why didn't you take the bus?"

Man: I don't have a driver's license for the bus.

One of the most wonderful things in life is to wake up and enjoy a cuddle with somebody; unless you are in prison.



PROGRAM GUIDE **MINI**

September 2017

Released 7 August 2017

Black Swan Theatre - LIVE Simulcast-SWITZERLAND Adult Themes and Simulated smoking	<p>When using words for weapons, how far do you go before it cuts too deep?</p> <p>The late Patricia Highsmith penned some of the most exhilarating suspense novels of all time, some becoming major cinematic adaptations including; <i>The Price of Salt</i> recently released as the film <i>Carol</i>, <i>The Talented Mr Ripley</i> and <i>Strangers on a Train</i>. Now the acerbic author herself is centre stage in this edge-of-your-seat thriller by acclaimed Australian playwright Joanna Murray-Smith (<i>Honour</i>, <i>The Female of The Species</i>, <i>Ninety and Day One</i>, <i>A Hotel</i>, <i>Evening</i>).</p> <p>The subject – writer Patricia Highsmith, lives a reclusive life in the Swiss Alps surrounded by her collection of books and antique weapons. The unlikeable genius facing the end of her life has withdrawn completely from the world, finding solace in her seclusion, her cats and cigarettes. Until one day a young man, Edward Ridgeway, intrudes into her place of refuge. He's yet another irritating delegate from her publisher demanding a contract for one final instalment. Specifically another psychological thriller featuring her beloved muse and most infamous literary creation, Tom Ripley.</p> <p>Winner, Best New Australian Work at the Sydney Theatre Awards (2014), and programmed by almost every state theatre company in the country – it's now our turn to lure you into a booby-trapped plot, a tense and furious battle of wills and words.</p> <p>WA PREMIERE FRIDAY September 1 - 7:30pm</p>
SWITZERLAND - SIMULCAST- Promotion & Information	<p>Black Swan's current Artistic Director Clare Watson speaks with much loved WA actor, writer and director Jenny Davis who will portray the internationally acclaimed, best-selling author of suspense novels Patricia Highsmith in Black Swan's production <i>Switzerland</i> by Joanna Murray-Smith, which will be broadcast live to regional WA on Westlink Satellite TV on Friday 1st September at 7.30pm. Jenny is a stalwart of the WA Performing Arts community been awarded an OAM earlier this year and is currently WA Senior of the Year for her contribution to the arts and culture in our state. She was also inducted in the WA Woman Hall of Fame in 2017 and has appeared in several live broadcasts for the company.</p> <p>Sep 1 - 10:30am & 4pm</p>
Cover to Cover	<p>Meri speaks with Shokoofeh Azar to discuss her novel 'The Enlightenment of the Greengage Tree'. The story is set in Iran and centers on a family caught in the maelstrom of chaos and brutality immediately after the Islamic Revolution of 1979. This powerful work of literary fiction uses the lyrical magic realism style of classical Persian storytelling.</p> <p>Sep 20 and 23 - 8:00pm; Sep 21 - 12:30pm; Sep 22 - 4:30pm; Sep 24 - 2:00pm</p> <p>Our encore presentation is Paul Hardisty discussing his thriller 'Reconciliation for the Dead'.</p> <p>Sep 6 and 9 - 8:00pm; Sep 7 - 12:30pm; Sep 8 - 4:30pm; Sep 10 - 2:00pm</p>
Destination WA	<p>Destination WA celebrates everything great about Australia's largest state. Its strong focus is on entertainment, excitement, travel and what makes Western Australia an amazing place to live.</p> <p>Episode 13 - Sep 1 - 4:30pm; Sep 2 - 8pm; Sep 3 - 2pm Episode 14 - Sep 13 & 16 - 8pm; Sep 14 - 12:30pm; Sep 15 - 4:30pm; Sep 17 - 2pm</p>



Government of Western Australia
 Department of Regional Development

<p>Don't risk firearms falling into the wrong hands. Information session on The National Firearms Amnesty</p>	<p>Australia's National Firearms Amnesty is now on and runs until 30 September 2017. The aim of the amnesty is to improve public safety by reducing the number of unregistered firearms and firearm-related articles in our community. This informal information session will answer questions about how the amnesty works and how you can take advantage of this opportunity to hand in firearms - no questions asked. Sep 4, 5 & 10 - 10am, 4pm & 6pm; Sep 6, 9, 17 & 24 - 10am, 4pm, 6pm & 9pm; Sep 7 - 10am, 1pm & 6pm; Sep 8 - 10am & 6pm; Sep 11 to 14, 16, 18 to 21, 23, 25 & 26 - 10am, 1pm, 4pm, 6pm & 9pm; Sep 15, 22 & 29 - 10am, 1pm, 6pm & 9pm; Sep 27 - 10am, 1pm, 4pm, 6pm & 9:15pm; Sep 28 - 10am, 1:15pm, 4pm, 6pm & 9pm</p>
<p>Home Safety for Baby</p>	<p>Tune in to find out more about how to keep babies and toddlers safe at home. Safety tips will include baths, curtain and blind cords, button batteries, falling furniture, child car seats and more. Don't miss out on this essential information that will help you to keep babies and toddlers safe in your care. Sep 11, 12, 14, 15, 17, 18, 19, 21, 22, 24, 25, 26, 28 & 29 - 8:30am, 2:30pm & 7:30pm Sep 13, 16, 20, 23, 27 & 30 - 8:30am, 2:30pm & 6:30pm</p>
<p>New Pilbara Economic Development Conference A look at the industries that will drive future economic activity and growth in the Pilbara</p>	<p>The New Pilbara Economic Development Conference will highlight emerging opportunities for growth and diversification of the Pilbara region, such as agriculture, aquaculture, tourism and renewable energy. With the region home to some of the world's largest mining operations, the conference will also look at how the Pilbara is leading the way in new innovation and technology that's creating a more efficient and sustainable mining sector. Sep 4, 5 & 8 - 10:30am & 7pm; Sep 6 & 9 - 10:30am; Sep 7 - 1:30pm & 7:00pm; Sep 10 - 7pm</p>
<p>NGALA - Conversations about Sleep</p>	<p>Developmental information and helpful hints to help you and your child get better sleep. Sep 11, 12, 14, 17, 18, 19, 21, 24, 25, 26 & 28 - 9am, 3pm & 6:30pm; Sep 13, 16, 20, 23, 27 & 30 - 9am & 3pm; Sep 15, 22 & 29 - 9am & 6:30pm</p>



Our State on a Plate	<p>WA is home to some of the world's most unique and finest produce. This program takes a journey across the state visiting the various regions discovering amazing food, from the primary producer to restaurants and then into the kitchen sharing recipes with the states leading chefs and cooks.</p> <p>Episode 7 - Burnt Barrel - Biscotti (Recipe) - Tomato Crostada (Recipe) - Animal Welfare: Barn Laid vs Free Range - Squid Fishing - Scott Wine Tips - Superfoods: Root Vegetables</p> <p>Sep 1 - 3:30pm; Sep 2 - 7:30pm; Sep 3 - 1:30pm</p> <p>Episode 8 - Theo's Fast Food Sardine Pasta (Recipe) - Butterfield Beef (Recipe) - Great Southern Oysters (Recipes) - Organic Herbs and Vegies - Live Lighter Tips #4 - Biodynamic Better? - Superfoods: Herbal Tea - Stirling Range Retreat</p> <p>Sep 6 & 9 - 7:30pm; Sep 7 - 12pm; Sep 8 - 4pm; Sep 10 - 1:30pm</p> <p>Episode 9 - Seafood Chowder (Recipe) - Cooking the Perfect Steak (Recipe) - Scott Bridger's Lupin Fritters (Recipe) - Free range eggs - Super foods - Custard Apple - Lupin</p> <p>Sep 13 & 16 - 7:30pm; Sep 14 - 12pm; Sep 15 - 4pm; Sep 17 - 1:30pm</p> <p>Episode 10 - Geraldton Fisherman's Co-op - Lobster with Aristos 'Get Better' - Your Local Farmers Markets - Kerrigan Valley Beef (Recipe) - Due South Flour - Buy West Eat Best - Elmars - Live Lighter Tips #5 - Superfoods - Adding Colour</p> <p>Sep 20 & 23 - 7:30pm; Sep 21 - 12pm; Sep 22 - 4pm; Sep 24 - 1:30pm</p> <p>Episode 11 - Pickling Vegies (Recipe) - Your Local Farmers Markets - Millbrook - Lobster Fishing - Geraldton Fishermen's Cooperation - Bookara Haloumi Cheese - Cuttlefish Pasta (Recipe) - Superfoods: Horseradish, cress - Live Lighter: Eating Out</p> <p>Sep 27 - 7:30pm; Sep 28 - 12pm; Sep 29 - 4pm</p>
Sweet & Sour 2017	<p>Hosted by Gary Mitchell and a panel of weekly special guests, Sweet & Sour is a community orientated talk show in which people write in and share their situation with the panel who offer suggestions to help solve them. (Rated "M")</p> <p>Sep 2, 6, 9, 13, 16, 20 & 23 - 8:30pm; Sep 27 - 8:45pm</p>
Woodworking Masterclass	<p>Hosted by Steve Hay, we kick off a series of new projects including Shooting Board Part 2, Restoring Stanley Hand Plane, Unplugged Workshop, Moulding a Frame and a Chopping Board.</p> <p>Sep 1 - 3pm; Sep 2, 6, 9, 13, 16, 20, 23 & 27 - 7pm; Sep 3, 10, 17, 24 - 1pm</p> <p>Sep 7, 14, 21 & 28 - 11:30am; Sep 8, 15, 22 & 29 - 3:30pm</p>

Westlink TV is now on Facebook!

It would be great if you could



our page and join

[Westlink's Facebook community](#)

PART CAMPER TRAILER FOR SALE

2015 galvanised with solar panels 6ft x 4ft

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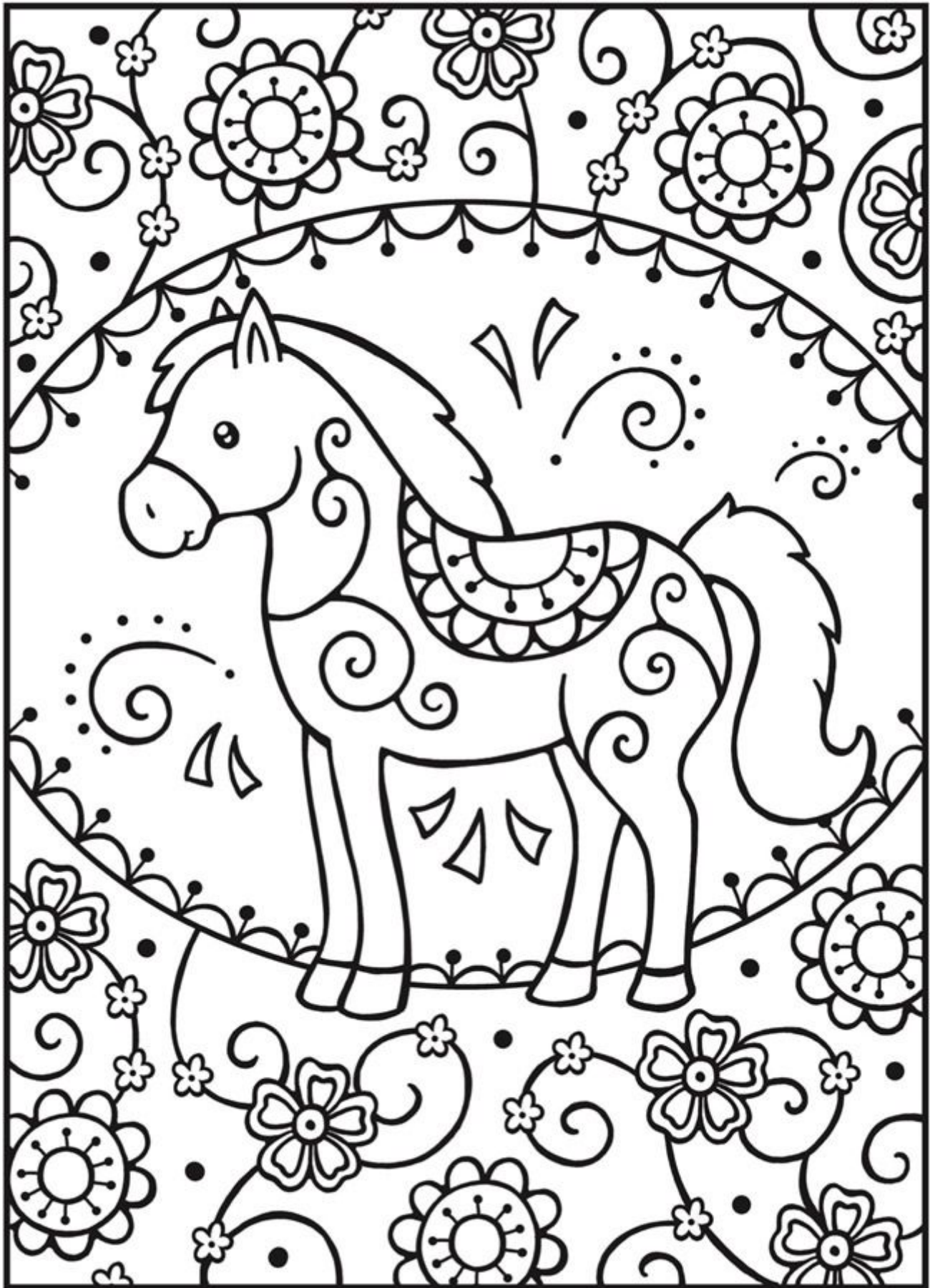
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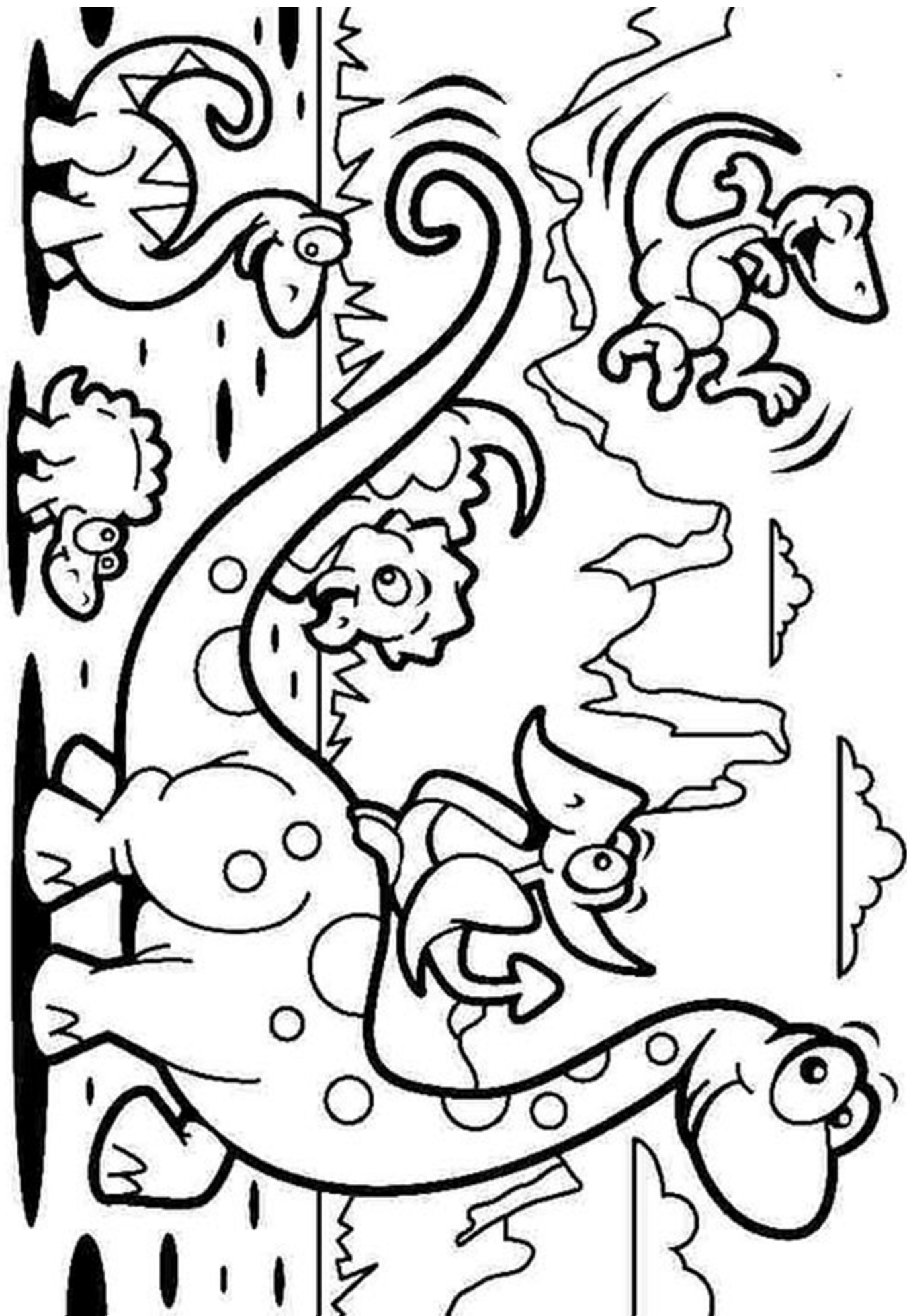


Fathers Day Word Search

Find the hidden words.

S S D S S R L G Z T X K R L B
T E F L W E A L H I I A G N A
R K U O E T X O A S P H U G S
O O N O E H U U S B T R A E H
P J N T T G D E V O T E D G V
S T Y O H U S L S U M O N M G
F V C T H A W E R O Z O O N W
V I F E G L I E H Q R L I F H
D U S I P R T C E T O R P L O
L A F H O S F N S V A J G A L
E T D M I U E A E C G U I I I
S I E D J N Z R T R W N V C D
A M T L Y Z G O I H A E I E A
F A M I L Y B R A V E P N P Y
N E R D L I H C Q B B R G S O

BBQ	FATHER	HOLIDAY	LAUGHTER	SPECIAL
BRAVE	FISHING	HOME	LOVE	SPORTS
CARING	FOOTBALL	HONOR	MEMORIES	STRONG
CHILDREN	FUNNY	HUGS	NURTURE	SWEET
DADDY	GIFTS	JOKES	PARENT	THOUGHTFUL
DEVOTED	GIVING	JUNE	PROTECT	TIE
FAMILY	HEART	KISSES	RESPECT	TOOLS



WEATHER

B R A I N B O W N O B W E E G J L K T D
 M A S S O S L E E T E L T P A A L Q E H
 S Q R Y J A R F S C H A I S P W U N M U
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WORD SEARCH

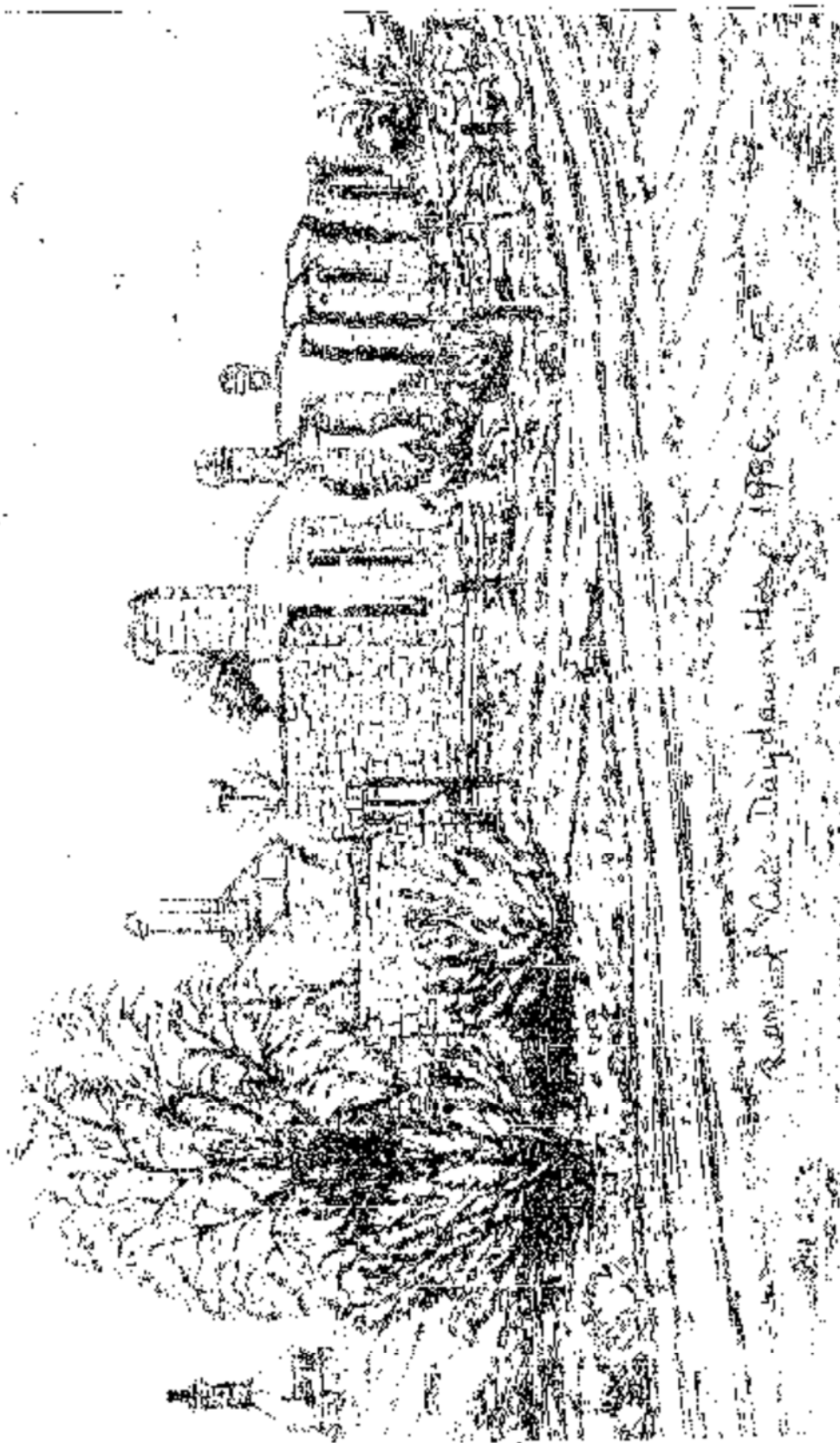
AIR
 ATMOSPHERE
 BAROMETER
 BLIZZARD
 CIRRUS
 CLIMATE
 CLOUDY
 CONDENSATION
 CUMULONIMBUS
 CYCLE

ENERGY
 EVAPORATION
 FOGGY
 FORCE
 GAUGE
 HAIL
 HEAT
 HUMIDITY
 HURRICANE
 HYGROMETER

LIGHTNING
 MASS
 METEOROLOGY
 OVERCAST
 PRECIPITATION
 PRESSURE
 RAINBOW
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Room of Cui - Daydown in 1986